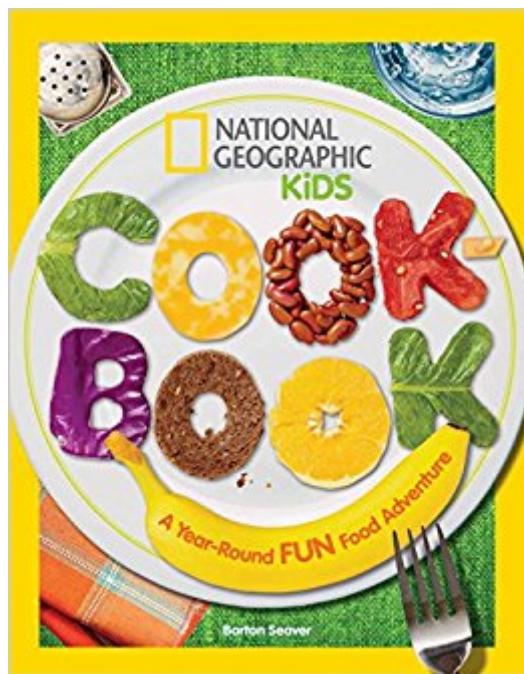


The book was found

# National Geographic Kids Cookbook: A Year-Round Fun Food Adventure



## **Synopsis**

Join Barton Seaverâ "master chef and National Geographic Explorerâ "on a year-round culinary adventure as he explores what it takes to create the ultimate dish. Barton provides mouthwatering recipes, the ins and outs of healthy eating, awesome crafts and activities, and food-focused challenges, proving once and for all that cooking can be a blast. Follow along as he teaches you to plant a kitchen garden, host a dinner party for your friends, and pack the perfect school lunch. Other highlights include ways to play with your food, festive holiday meals, snow day snacks, and family cooking competitions. With fascinating sidebars, profiles on real people, and cool facts, the National Geographic Kids Cookbook will have you ruling the kitchen in no time!

## **Book Information**

Lexile Measure: 1010 (What's this?)

Series: National Geographic Kids

Paperback: 160 pages

Publisher: National Geographic Children's Books (September 9, 2014)

Language: English

ISBN-10: 1426317174

ISBN-13: 978-1426317170

Product Dimensions: 8.5 x 0.4 x 10.9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 31 customer reviews

Best Sellers Rank: #96,310 in Books (See Top 100 in Books) #41 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition #72 inÂ Books > Children's Books > Children's Cookbooks #149 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Diseases

Age Range: 8 - 12 years

Grade Level: 3 - 7

## **Customer Reviews**

Gr 4â "6â "Chef Seaver has created a solid cooking and learning experience for children. Including a variety of recipes, he covers the basics, discussing special seasonings and ingredients, foods from other countries, and nutrition, as well as how kids can grow some of their own foods. Chapters are broken down by month, with each section featuring relevant recipes. For instance, "March" includes ideas for an international feast, with recipes for Mediterranean hummus, West African

Mafe, and Italian asparagus salad, while "September" contains some helpful tips for bag lunches that readers can use for back-to-school preparations. The book incorporates some intriguing asides as well: profiles of those in the food industry, the origins of some of these foods, tips for healthy eating, and more. Attractive photographs feature the mouth-watering foods mentioned. A fun, well-designed cookbook.â "Cynde Suite, Bartow Cty. Lib. Syst., Adairsville, GA

"This resource is intended to engage young chefs both inside and outside of the kitchen, connecting the world of food with the larger world around them. Hands-on kids will find much to appreciate in this compendium of fun and food with an Earth-friendly focus." --Kirkus Reviews"Kids will learn not only how to cook, but cool food facts, why our food heritage is important, how to save our oceans, and the science of sweet." --RelishÂ Magazine"TheÂ National Geographic Kids CookbookÂ succeeds spectacularly; it is fun, it is bright and cheery, it is educational, and it makes cooking and eating in a healthy and responsible way seem exciting." - San Diego Book Review"Seaver encourages youngsters to not only get cooking, but to also use mealtime as a launching pad for trying new things, investigating family food traditions and initiating new ones, delving into global cultures and tastes, and thinking about the big picture of food sourcingâ ™s ecological impact and sustainability." - School Library JournalÂ .

I was looking for something easy and fun, but the food was a bit blah. It's always good to get the kids involved in the cooking, but many of these were must not tempting to the kids, so I'm still looking.

Super cute gift! Purchased for my nephew at Christmas. He loves cooking!

Informative, challenging, engaging, good recipes.

Great Christmas gift

Great cookbook with colorful pictures and easy to follow recipes.

Great pictures that open up your appetite. Good starting cook book for the beginner young chef, as it is not complicated.

Really cute. More information than recipes.

perfect for cooking with kids!

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